

For over 50 years, Phoenix House has helped thousands of people overcome addiction in order to lead healthy, productive, and rewarding lives. In 1967, six heroin addicts came together at a detoxification program in a New York hospital. They moved into a brownstone in Manhattan and lived as a community; encouraging one another to stay sober. Phoenix House was born and became a model for a citywide treatment network.

We are committed to supporting individuals and families by providing a wide range of services, including treatment for substance abusers with mental health problems; outpatient and residential treatment for military personnel, veterans, and their families; and medication-assisted treatment.



## P H O E N I X H O U S E S N E W Y O R K L O C A T I O N S

### Long Island City Residential and Outpatient

- Capacity of 190

### Hauppauge Residential

- Capacity of 65
- Large campus with volleyball, gym and recreational activities for men

### East Hampton Outpatient

- Adult outpatient, counseling, assessment

### Brentwood Mental Health PROS Outpatient and Community Residence

- OMH licensed programs
- Capacity of 15

### Lake Ronkonkoma - Edward D. Miller Center

- Largest residential campus on Long Island
- Capacity of 96
- Opened new veteran's facility on July 1

### Wainscott East Hampton Residential

- Treatment for young men, ages 18 to 30
- Capacity of 45

### Brooklyn Community Recovery Center

- Community resources to stay on track after treatment

### Springfield Gardens Mental Health Community Residence

- OMH licensed programs
- Capacity of 20



## O U R S E R V I C E S

**All Levels of Care** We offer a full continuum of care, including residential and outpatient treatment.

**Continuum of Care** Our services include assessment, individualized treatment planning, group counseling, sober recreational activities, and referrals to a network of community service organizations.

**Mental Health** Each patient receives individual sessions each week with a therapist, psychologist or psychiatrist.

**Medication-Assisted Treatment** We utilize evidence-based treatments that help reduce cravings and manage withdrawal.

## OUR TRANSFORMATION

We are living in a time of unprecedented change in Substance Use Disorder (SUD) treatment. To combat SUDs, we created new programming that offers the highest quality and highest value of care. We achieve this everyday through treatment that is individualized, strengths-based, engaging, and evidence-based.

## ELEMENTS OF AN 8.20

We have offered the OASAS 8.20 model on site at LIC since May 2018 and in Ronkonkoma since January 2019.

**Element 1: Stabilization** includes stabilization of withdrawal symptoms, severe craving, psychiatric symptoms, and medical symptoms. It is appropriate for those who show mild to moderate withdrawal or expected withdrawal, mild to moderate urges, cravings, mild to mod psychiatric sx., mild to mod medical sx. It can also include medical treatment of withdrawal sx. physical and mental health conditions

**Element 2: Rehabilitation** includes medical assessment and treatment of physical and mental health conditions along with stabilization of psychiatric conditions

**Element 3: Reintegration** involves an outpatient level of care (including Damian FQHC) and other support services.

**MATs (medication assisted treatment)** are provided to patients in the 8.20 model to promote abstinence, maintain sobriety, and reduce cravings and relapses.

## MAKING CARE ACCESSIBLE

Phoenix House is an in-network provider for many major insurance providers, HMOs, and managed care providers, including Aetna, BCBS, Beacon, Cigna, GHI, Oxford, and UBH. We accept Medicaid at most locations. We have affordable self-payment plans and accept all major credit cards.

## WHAT'S TO COME

Our vision is to create spaces that are state-of-the-art and continue to advance our care delivery as innovations in our understanding of substance use disorder and its treatment continue to evolve. We want to maintain our high standard of care and personalized treatment. We do this while battling the stigma of addiction, the cost of treatment and the cyclical nature of the disease.

We need your help to make a real difference for people working to rise above addiction.

## CONTACT US

Ann Marie Foster, FACHE  
President & CEO  
New York Region - Phoenix Houses of NY | LI  
718-222-6608  
[amfoster@phoenixhouse.org](mailto:amfoster@phoenixhouse.org)

Ann Marie Foster has been a leader in healthcare for more than 25 years. Prior to joining Phoenix House, she was the Senior Executive for Bellevue Hospital's Department of Psychiatry.